

2025 How To Festival Class Information:

10:15am-11:00am:

How to Practice Mindful Meditation:

With Mike Brown

Join instructor Mike Brown as he guides us through a meditation session. Participants will be invited to try various simple techniques that bring about awareness in the present moment. We'll learn about the practice of meditation, techniques to get started, and about the many benefits of this practice.

How to Make Gift Tags:

With Rachel Reyes, Handlettering Instructor

Join Handlettering instructor, Rachel, as we create handwritten gift tags! We will learn some basic calligraphy techniques to create a gift tag! These skills could also be used to make place cards for table settings as well!

How to Track Your Reading:

With Briana Gonzalez, Library Specialist

Have you ever wanted to become a librarian of your own home library? In this class, you will learn easy and fun ways to catalog your books and track your reading all year long.

How to Perform Basic Car Maintenance:

With Rob Lerner, Technology Supervisor

Whether you've been driving for 30 years or will be getting your license soon this class is for you! Learn the basics of car maintenance with the library's technology supervisor, Rob! Practice changing a tire, checking your oil, jump-starting your battery, and more.

How to Grow Micro Greens:

With Amanda Molina, Texas A&M AgriLife Comal County Extension Office

Learn how to grow your own Micro Greens at home. Participants will learn about supplies, gain step by step instructions, and even get to try a few varieties of micro greens alongside a charcuterie style snack.

How to Become a Gamer in Adulthood:

With Ben Gonzalez, Youth Library Specialist

If you didn't grow up with an Xbox controller in your hand, it can be hard to wrap your head around video games today. Whether you're 18 or 85, come learn the basics of gaming, including

where to obtain games, how to play them, and how to connect with the young gamers in your life. Plus, receive some recommendations for entry-level games to play at home!

***How to Practice First Aid:**

With Scout Troop 1776

Stop by this session to learn the basics of first aid! Whether you are just starting to learn first aid or in need of a refresher this class is perfect for you!

11:15am-12:00pm:

***How to Practice Anti-Bullying for Kids:**

With 3T Championship Martial Arts & Fitness

Let's come together to help build our kids' knowledge and confidence. Our class shares simple ways to handle bullies and, if needed, how to respond properly, even in physical situations.

How to Prepare Freezer Meals for Someone Expecting or Ill:

With Susan Herr, Library Director

Do you want to prepare freezer meals for someone ill or expecting? Join this session with Susan as she discusses what does and does not work for freezer meals. Hear her experiences and bring your own to discuss!

How to Score Designs into Sourdough:

With Kellie Turner, Sourdough Enthusiast

Join Kellie as she demonstrates how to carve designs into Sourdough bread to create beautiful designs! Sample fresh sourdough and bring your bread questions!

How to Use the MFPL Hold Lockers:

With Martina Spangrud, Digital Resources Librarian

Need to pick up library materials after hours? The MFPL hold lockers make it easy! In this 45-minute session, participants will learn how to request items for locker pickup and how to check them out. The class includes a short outdoor visit to the lockers for hands-on practice. Please contact the library in advance to request accommodations.

How to Make Christmas Cards:

With Gina Mejia, Makerspace Technician

Celebrate the season with creativity! In this hands-on session, you'll design scrapbook-inspired Christmas cards using a mix of tools and techniques that add texture, sparkle, and personality. We will explore die cutting, foiling, and stamps.

How to Practice Basic Lawnmower Maintenance:

With Tim Kratz

Does your trusty lawnmower make a weird sound? Or doesn't work as well as it used to? Join Tim for a crash course on basic lawnmower maintenance to get your lawnmower working better without having to take it to a shop or learn fixes to common problems!

***How to Read a Picture Book:**

With Montana Rindahl, Youth Services Librarian/Programming Manager

Gutter, trim size, endpaper, oh my! There's more to a picture book than meets the eye! Join Children's Librarian (and picture book enthusiast) Montana Rindahl for a highly interactive, hands-on workshop to explore and compare classic and contemporary picture books together. Discover new elements of design and book production and learn tips and tricks for engaging with picture books again and again. Open to everyone -- especially grown-ups and grandparents!

***How to Safely Handle Knives:**

With Scout Troop 1776

The most important thing to know about knives is how to be safe with them! Join Scout Troop 1776 as they teach us the importance of knife safety and best practices when it comes to knives.

12:15pm-1:00pm:

How to Practice Yoga:

With 3T Championship Martial Arts & Fitness

Strengthen your mind, body, and spirit in a fun, focused way. It's not traditional yoga, but we'll enjoy ourselves, share some laughs, and get stronger together.

How to Make Sausage:

With Jason Mangold, Texas A&M AgriLife Comal County Extension Office

This session will teach participants how to craft sausage from scratch, including selecting meats, grinding, seasoning, and stuffing. Participants will gain practical skills, food safety knowledge, and leave with knowledge on how to make their own handmade sausage at home.

How to Make the Most of Your Library Card... at Home!:

With Martina Spangrud, Digital Resources Librarian

Your library card opens the door to a world of resources you can enjoy from the comfort of home! In this 45-minute session, participants will explore the library's wide range of digital services, learn how to access and log in to each one, and discover tips for getting the most out of them. Participants are encouraged to bring their own electronic devices for hands-on practice.

How to Make Origami:

With Mike Brown

Learn the basics of Origami with Mike Brown! Mike has been folding Origami for 51 years since he first learned it in Japan. We will use the basics to create holiday decorations!

How to Plein Air Paint:

With Debbie Soelberg

Join the plein air painting class outside on the back patio, rain or shine, to sketch and paint a quick gouache painting of the beautiful hill country or surrounding butterfly garden. We will begin by choosing our preferred framed view. Bring your phone or camera to take a picture of your scene, allowing you to sit at the table if you prefer. We will have chairs for you to position yourself around the walkways too. Dress for the weather.

How to Blacksmith:

With Jimmy Rodriguez, Knife Maker & Blacksmith

This class will teach a brief lesson on the impact and importance of blacksmiths have had in the history of the United States, alongside a demonstration of traditional forging techniques, followed by a Q&A. This class will be taught by local knife maker and blacksmith, Jimmy Rodriguez from The Primal Forge.

***How to Code Just a Little Bit!:**

With the Science Mill

Students will dive into coding with the pocket-sized micro:Bit computer! Using Microsoft MakeCode, they'll explore how hardware, software, inputs, and outputs all work together while creating their own custom programs to bring the micro:Bit's features to life. **MAXIMUM 20 PARTICIPANTS**

1:15pm-2:00pm:

How to Stay Fit Over 50:

With 3T Championship Martial Arts & Fitness

Join us for safe, enjoyable, and quality exercises designed for your current level. We're here to help you move forward safely and enjoy improved well-being—because everyone deserves to feel good in life!

How to Vermicompost:

With Blaine Hollub, the San Antonio Worm Guy

Details coming soon!

How to Decorate Cookies:

With Cake Art SA

Do you walk past the bakery and see all the beautiful hand decorated cookies and wish you could make cookies that look like that? Now is your chance to! Join Cake Art San Antonio as we learn how to decorate delicious detailed cookies. Attendees will follow along and make their very own book cookie! **MAXIMUM 15 PARTICIPANTS**

***How to Find a Book on the Shelf:**

With Montana Rindahl, Youth Services Librarian/Programming Manager

Not sure if the library has a book you're looking for? Confused by all the stickers and labels on library books? Getting lost trying to find your next read? This hands-on session is for you! Montana Rindahl, Children's Librarian and Programming Manager, will lead you step-by-step as we explore the catalog together. Learn about call numbers -- a library book's "address" -- before finding it yourself on the shelf!

Perfect for new library cardholders or anyone who wants a library refresher! Open to all ages (basic reading and typing ability required).

How to Make a Cut File (SVG):

With Lindy Hargrave, Makerspace Specialist

SVG files (Scalable Vector Graphics) commonly referred to as "cut files" can be used in a variety of computer aided design applications like Cricuts and laser-engraving. They can even be used to create designs for embroidery machines. Finding free SVG's online can be tricky and require personal information so come learn how you can source and create your own cut files for free!

How to Complete Simple Bike Repairs:

With Erin Wood

Join Erin in our parking lot as she teaches simple repairs all bicyclists should know. Save money by doing repairs yourself! Learn what tools are essential to bike repairs at home.

***How to Plant Basil and Create a Nature Person/Fairy:**

With Comal County Master Gardeners

Join Comal County Master Gardeners as we decorate pots and plant basil. While our paint dries use acorns, pine cones, and wooden beads to create a nature person/fairy. Attendees will get to take their pot and a small basil plant home.

2:15pm-3:00pm:

How to Practice Self Defense:

With 3T Championship Martial Arts & Fitness

Discover simple and effective techniques to protect yourself if needed. This class is not only fun but also empowering—let's learn together how to stay safe!

How to Advocate for the Safety & Wellness of Children:

With CASA of Central Texas

CASA of Central Texas will present a "How To Advocate for the Safety & Wellness of Children" session. The following topics will be covered: general information and statistics/trends we are seeing in child welfare, mandated reporting & what to do if you suspect abuse or neglect, and ways to support individuals and organizations working in the child welfare sphere.

How to Plan for Death and Have Fun Doing It:

With Anna Marie Adam, Death Doula

How to Check Your Credit Score and What it Means:

With Alea Schuyler, Mortgage Loan Consultant with First United Bank

A credit score is essentially your financial report card. It's a number that shows lenders, like banks, how responsible you are with borrowed money. By understanding and managing your credit, you are taking control of your financial future and opening up opportunities for yourself and your family. It's about showing integrity and financial readiness, which are key to overcoming obstacles and achieving your dreams.

How to Collect and Clean Seeds:

With Debbie Kyroutac, Native Plant Society of Texas Lindheimer Chapter

Join Debbie Kyroutac from the Native Plant Society as we learn how to harvest seeds and clean them! We will discuss how and when to collect seeds and what the benefits are. View examples of different types of seeds and how they were collected.

How to Plant Succulents & Create a Botanical Coaster:

With Comal County Master Gardeners

Join Comal County Master Gardeners as they review the basics of how to plant a succulent and then learn how you can make a Botanical Coaster. Attendees will leave with their own succulent and 1-2 coasters.

All Day:

How to Use the Makerspace:

With the MFPL Makerspace

Stop by the Lobby anytime to speak with a Makerspace Tech and learn all about the Makerspace. Learn what equipment it contains as well as how to get involved!

How to Join Your Local Scout Troop:

With the Scout Troop 1776

Stop by the Lobby anytime to speak with Scout Troop 1776. Learn all about what it means to be a scout and how to join!