

NAVIGATING CURRENT EVENTS

FOR TEENS 14-17

Wednesdays at 5:30
starting Feb. 5

This group will explore current events and upcoming changes that may impact our day-to-day.

We will hold space for teens to talk about these themes, and to learn and apply coping skills when faced with adversity.



Group meets at:

Mammen Family Public Library
131 Bulverde Crossing



Questions? Contact Julie Gueths, LPC, at jgueths@connectionsifs.org or Taylor Dahlgreen, LPC-Associate (supervised by Micki Matthews, LPC-S, and Kristin Ray, LPC-S) at tdahlgreen@connectionsifs.org

To register, scan the QR code and fill out the online referral form. Include **Current Events Group** in the "Other Notes" section.

CONNECTIONS
INDIVIDUAL AND FAMILY SERVICES

